

아프리카 내 에볼라바이러스병 발생 주의!

Caution! Ebola Virus Disease Outbreak in Africa

- 콩고민주공화국에서 에볼라바이러스병 확진환자 6,186명(사망 3,007명) 발생(8.31. 기준)
The Democratic Republic of the Congo has reported 6,186 confirmed cases of Ebola, including 3,007 deaths (as of August 31st)
- 국제적 공중보건비상사태(PHEIC) 선언(5.17.), 질병관리청 관심단계 발령(5.17.)
WHO declared a Public Health Emergency of International Concern (PHEIC) and the Korea Disease Control and Prevention Agency (KDCA) issued an Alert-level warning on May 17, 2026.
- 질병관리청 콩고민주공화국 및 인접국 중점검역관리지역 지정(9.7.기준)
KDCA has designated the Democratic Republic of the Congo and neighboring countries as Strict quarantine inspection required areas (as of September 7th)

에볼라바이러스병 발생지역 방문 예정이신가요?

Traveling to an Ebola-affected area?

- ✓ **에볼라바이러스에 감염된 동물 또는 사람의 혈액, 체액 등의 직접·간접접촉을 통해 감염되는 급성 발열성·출혈성 질환**
Ebola spreads through direct or indirect contact with the blood, body fluids, or tissues of infected animals or people.
- ✓ **초기에는 발열, 식욕부진, 무력감, 발진 등 증상이 나타나고, 이후 구토, 설사, 복통 등 위장관 증상 및 원인불명 출혈 등을 호소**
Early signs include fever, loss of appetite, fatigue, and rash, followed by vomiting, diarrhea, abdominal pain, and unexplained bleeding.
- ✓ **국내 상용화된 백신과 치료제가 없으므로, 예방이 가장 중요!**
No approved vaccine or treatment is currently available in Korea, so prevention is essential.



단계별 여행 수칙

Travel Guidelines by Stage

여행전

Prior to Travel

여행건강오피셜에서 에볼라바이러스병 유행지역을 확인

Action: Verify regions affected by the Ebola virus outbreak through the Travel Health Official platform.



여행건강
알림
QR확인

Scan QR code for
Travel Health Official information

여행중

During Travel



**야생동물
접촉 및 섭취 금지**

(과일박쥐, 원숭이, 고릴라 등)
Avoid contact with wild animals and
consumption of bushmeat.
(Fruit bats, Monkeys, Gorillas, etc.)



**아픈 사람과
접촉 삼가하기**

Avoid close contact
with sick individuals.



**비누로
30초 이상 손씻기**

Wash your hands with soap
for at least 30 seconds.



**오염된 손으로
얼굴 만지지 않기**

Avoid touching your face
with unwashed hands.



**의료기관 방문 및 장례식 참석 자제,
참석 필요 시 개인보호구 착용**

(특히 에볼라바이러스병 의심(사망자) 및 의심자 접촉 금지)
Limit visits to medical facilities and funerals.
If you must attend, wear protective gear.
(Avoid contact with anyone suspected of having Ebola or who has died from it.)

여행후

Post-Travel

콩고민주공화국, 남수단, 르완다, 부룬디, 앙골라, 에티오피아,
우간다, 잠비아, 중앙아프리카공화국, 콩고공화국, 탄자니아
여행 후 입국 시 검역단계에서 Q-CODE(건강상태질문서) 제출 필요

Submission of Q-CODE (Health Declaration Form) is required upon quarantine
entry after visiting the Democratic Republic of the Congo, South Sudan,
Rwanda, Burundi, Angola, Ethiopia, Uganda, Zambia, Central African Republic, Republic of the Congo, and Tanzania.



Q-CODE
확인

Scan QR code for Q-CODE